



Broward County Government Newsletter

August 2020

Volume 3, Issue 8

August is National Immunization Awareness Month.

Community Care Plan, 'the health plan with a heart'

Adolescent Immunizations:

There are 4 recommended immunizations for preteens:

1. Meningococcal

- How many doses? 2. One at 11-12 years old and One at 16 years old.
- What does the vaccine protect my child from?
 - Protects against the bacteria that causes Meningococcal Disease
 - Protects from infections of the spinal cord, the lining of the brain, and bloodstream
 - Protects against long term disabilities that may come with having Meningococcal Disease including loss of limbs, deafness, and brain damage

2. Tdap (Tetanus, diphtheria, and pertussis)

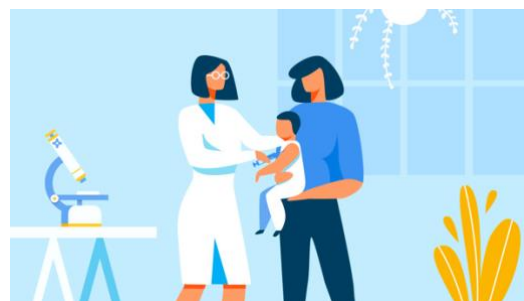
- How many doses? 1 at 11-12 years and every pregnancy
- What does the vaccine protect my child from?
 - **Tetanus (Lockjaw):** causes muscle tightness and stiffness all over the body. Sometimes it tightens your mouth so you cannot swallow or breathe. Tetanus kills about 1 in 10 people even after receiving medical care.
 - **Diphtheria:** causes a thick coating in the back of the throat. It can lead to breathing problems, paralysis, heart failure, and death.
 - **Pertussis (Whooping cough):** It can cause difficulty breathing, vomiting, disrupted sleep, rib fracture, weight loss, and incontinence. Complications include pneumonia or death.

3. HPV (Human Papillomavirus)

- How many doses?
 - At 11-12 years: 2 if the shots are given 6-12 months apart. 3 if the shots are given less than 5 months apart.
 - After 15 years: 3 doses over 6 months.
- What does the vaccine protect my child from?
 - Six types of cancer infections
 - Abnormal cells that can lead to cancer
 - Protects before exposure to cancer-causing infections

4. Flu (Influenza)

- How many doses? 1, every year from the time you are 6 months old.
- What does the vaccine protect my child from?
 - Prevents the spread of the flu
 - Reduce the risk of flu illness and flu complications
 - Life-saving for children



https://www.cdc.gov/vaccines/parents/diseases/flu.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fvaccines%2Fparents%2Fdiseases%2Fteen%2Fflu.html
https://www.cdc.gov/vaccines/parents/diseases/mening.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fvaccines%2Fparents%2Fdiseases%2Fteen%2Fmening.html <https://www.cdc.gov/vaccines/hcp/vis/vis-statements/tdap.html>

Always consult your physician before making changes to your lifestyle or healthcare routine. This information is available for free in other languages. Please call Member Services at 1-866-224-5701 Monday – Friday 8:00am – 7:00 pm EST. For hearing impaired assistance call: TTY/TDD 1-855-655-5303. Si usted necesita esta información en Español llame al 1-866-224-5701 TTY/TDD 1-855-655-5303 de Lunes a Viernes desde las 8:00am a 7:00pm EST. Si ou vie resevva enfomeseyon sa en Kreyol rele nimewo telefon sa 1-866-224-5701 TTY/TDD 1-855-655-5303 Lendi jiska Vandredi de 8:00am a 7:00pm EST.